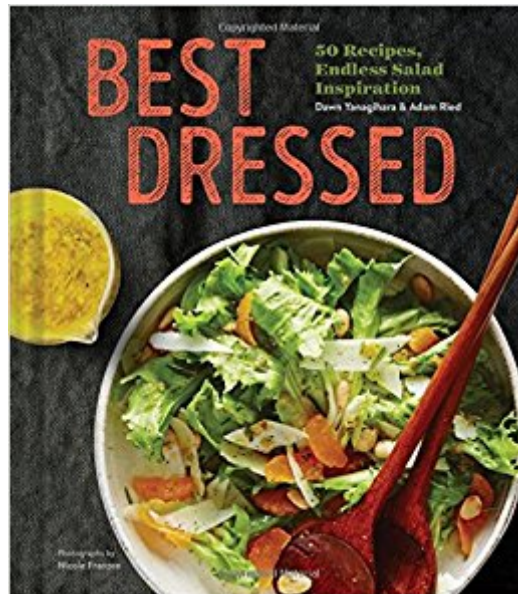




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Best Dressed: 50 Recipes, Endless Salad Inspiration



Synopsis

What makes the tastiest salad? Great ingredients, of course, plus a beautifully balanced dressing and a bit of crunchy texture. This book has all the fixings for those looking for lunch or savory supper ideas and inspirations: 35 recipes for dressings, 10 toppings, 10 composed salads that bring all the elements together perfectly, and more than 20 vibrant photographs. Each dressing recipe is paired with suggestions for which greens work best, and add-ons (toasted nuts, roasted vegetables, cooked grains) that provide great options for the best salads all year long.

Book Information

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Customer Reviews

Dawn Yanagihara is a Los Angeles-based cookbook author. Adam Ried is the Boston Globe Magazine cooking columnist. He lives in Cambridge, Massachusetts. Nicole Franzen is a food photographer based in New York.

A lot more than a book about a bunch of greens with some dressing. The book really turns salads and vegetables (forgive the redundancy) into interesting and often substantial delicious plates of food. The format, which suggests ways to integrate certain dressings into a variety of foods (like b.spouts and beef and chicken), is interesting and easy. A lot of easily accessed unusual spices and herbs are helpful. Salads are not my favorite food. This book has a shot at changing my mind.

What a great book, it re-energizes salad making! Using flavors and ingredients from across the

globe it makes salad interesting and exciting again.....and who does not need to eat more salad??
The book is small enough that you can tuck it into a corner for daily reference. I love it!

Haven't read through the whole book yet but there are some great recipes in here! Fast shipping and just as described.

I liked the concept and format of the book as it provided lots of options and combinations for both salad composition and dressing pairings.

Excellent

GREAT GIFT! So much info. A must for the kitchen.

The writing and overall design of this book is quite nice. It may look a bit destined for the bargain shelf, but it's much more than just pretty pictures. The recipes are thoughtful and are bound to have you craving veggies. This would be especially helpful to gardeners, who are inevitably expected to bring salads to gatherings and need new ways to dress up their bounty. So it seems a great Xmas gift for those gardeners on your list--it may get them excited to plant new things in the spring. Many of the recipes pay homage to the popular trends of the last few years (the books of Ottolenghi, David Chang, Chez Panisse alums, etc), making it a nice slim volume to pull off the shelf and know that the flavors will be interesting and current. The traditional recipe layouts would be nice for beginner cooks or people who want to add more veg to their diets but don't know where to begin. Thumbs up!

A wonderful compliment to salad lovers favorite salad. I especially liked the dressings for roasted vegetables. Make a statement with your next dinner for family or guest.

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